

Trail Description

Gang Gangs Lazy Loop



Trail Name:	Gang Gangs Lazy Loop
Primary trail used:	Gang Gangs
Distance:	4km
Trail type:	Loop
Ascent/Descent:	206m (+) / 206m (-)
Grading:	GREEN
Start + Finish points:	Clock Tower, Mt Buller Village Square
Via trails:	Village Family, Gang Gangs, Split Rock, Village Family Trail.
Highlight features:	Fast and furious (or calm and cruisey), berms running; moderately technical sections; stunning snowgum groves; views east to the Alps.
Descriptor:	<p><i>Here's the perfect short run that truly gives a taste of how much fun trail running can be. Packed full of moderately technical features like berms, rises, the odd rock garden, a bridge, and great weaving trails, yet there's nothing too frightening for beginners, with most of the terrain undulating at best, and any climbing features switchbacks to ease the burden. Yet the run is a beautiful one, with alpine views off the back end, and a stones-throw from the village centre, making it a sublime morning riser, introductory taster or an afternoon finisher.</i></p> <ol style="list-style-type: none"> Starting underneath the Clock Towe in the Mt Buller Village Square, exit the square to the south (between Cow Camp Plaza and the Kooroora Hotel), cut over road, between the lodges and pick up the Village Family trail, on which you turn left. At approx. 400m, pick up Gang Gangs MTB trail, veering up left on the high side. From here, follow Gang Gangs signage for most of the way. The trail runs clean underfoot (well groomed by countless mountain bike tyres), as it weaves between beautiful stands of snowgums contouring around the north side of the Village. At approx. 850m you will cross over a dirt road/trail intersection – maintain your bearing straight ahead to stay on Gang Gangs. At approx 1.6km you will pop out onto the dead end of a road. Head straight across and look for signage for Gang Gangs taking you on an immediate righthander as you come off the cul de sac. A few sweeping switchbacks later and you swing around to the south east for the return run home, the trail dropping you gently down on singletrack that is, to a trail runner, almost perfect running. At approx. 2.6km, you will reach a 'V' intersection. Take the right-hander, which is the continuation of Gang Gangs and a short cut across to the up section of Split Rock trail. Without noticing, you will merge with Split Rock, which undulates, taking you over a mesh bridge and then switchbacks rising up again to meet the Village Family Trail (approx. 3.1km). Turn left onto the flat and graded Village Family Trail, enjoy the views over your left shoulder to the Alps. 100 metres after running across a grass clearing (the aerial ski run in winter), turn right to sneak up between two lodges, across the road and back into the Village Square.
Rating /45 (technical)	12 / 45
Rating /10 (indicative)	3 / 10